

## Play Date PROGRAM

Soccer for the Future's program called Play
Dates provides soccer and physical activity
programs for the patients and siblings staying
at respite homes in the DC, Maryland, and
Virginia area. All activities will be tailored to
the capabilities of the children on site and per
each session. We will work closely with the
facility's staff to ensure programs are age and
physically appropriate.

The program will provide structured activities that keeps kids active, even if they are away from home and their normal programs. We will incorporate important goal setting skills into each session, and will provide a space to form social and emotional connections with caring coaches and peers.

To find out how you can bring the Play Date Program to your organization email: hannah@soccerforthefuture.com







## Play Date PROGRAM

If your organization is interested in becoming a Soccer for the Future Play Date site, the process will look something like this:



Contact Us: Reach out to Soccer for the Future via email, and schedule a call with Hannah, to learn more about the program and how it might fit into your site.



Schedule: Work with your staff and Soccer for the Future to determine what day of the week works best, and how often the programs will take place.



Paperwork: Soccer for the Future will add the site and programs to their insurance plan, a letter of support from the site will be requested as Soccer for the Future continues to seek grants and funding for this program.



Soccer: After all that, you will have secured the opportunity for the kids staying at your facility to participate in a fun and enriching soccer session. Enjoy!



## What to expect on the day of a Soccer for the Future Play Date session:

- One week prior to the session you will receive a reminder email and a request to post flyers around your facility or send emails to notify families of the upcoming opportunity.
- On the day of the event, the coach will arrive 30 mins prior to set up and prepare for the session.
- Once the area and equipment are set up and any participation forms have been filled out, we are ready to begin the session.
- Each session will consist of about 45 minutes of physical activity and about 15 minutes of chatting, goal setting, etc.
- If a specific program timeline is needed, we are happy to provide it.

## **Notes:**

- Parents are welcome to stay and watch off to the side or they are welcome to take some time to themselves else where around the property. If they choose to go else where they must have a cell phone on them and available to answer calls in case they are needed.
- We welcome all kids staying at the facility between the ages of 5 and 13 to participate. No matter their experience or physical abilities.